



DID YOU KNOW...

- ♥ Thousands of women in the United States become widowed every year?
- ♥ Unresolved grief could be an underlying problem of many emotional and physical issues? Many people who have unresolved grief may attempt to cover their feelings with unhealthy excessive behaviors such as overuse of prescription medications, alcohol/drugs, or destructive relationships.
- ♥ Many women will leave the church attended with their husbands within 12 months of becoming a widow?

There is no instruction book on how to grieve, however, God's instruction to the church is clear? There are over 100 scripture references concerning widows and orphans. The church is accountable to take care of widows and orphans.

Ministering to widows during the week of the funeral is just the tip of the iceberg? It is recommended that an effective widows ministry requires a minimum two-year plan and a committed, trained team of church members.

Kentucky Joy in the Mourning reaches out to widows to share our stories, encourage, minister, and give insight on how to navigate this season of life. There is a team available for church workshops to help establish and train teams for an effective widow's ministry.

For more information contact: Kentucky WMU, 502-489-3453

Praise be to the God...who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves have received from God. 2 Corinthians 1: 3-4

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